

# theNatural indianapolis

Natural Indiana  
Prejudging 10am Finals 3:00 pm

## MANDATORY NPC CHECK IN'S & DRUG TESTING

### ALL ATHLETES

FRIDAY November 17th **5:30 – 7:00 pm** Athlete random Drug testing & NPC check ins ENDS  
**AT 7 pm sharp At the Hotel** Holiday In Express 5302 Victory Dr Indianapolis IN 46203  
no check ins permitted after 7:00 PM

Be prepared to offer a urine sample for drug testing if randomly selected

NPC cards are \$135 cash or check only and can be purchased on the spot. \*price of NPC cards is subject to change per the NPC. We suggest getting your card online at [www.npcnewsonline.com](http://www.npcnewsonline.com)  
Bodybuilders, Women's Physique & Men's classic Physique upload your posing music to musculware

BODYBUILDERS & CLASSIC MENS PHYSIQUE weigh in their POSING TRUNKS. Bikini and wellness must also be in your suits for check in

## MANDATORY ATHLETES MEETING

SATURDAY November 18th 8:30 AM All athletes must report to the venue

**Beech Grove High School Mike McMorrow Auditorium 5330 Hornet Ave, Beech Grove, IN 46107**

Prejudging starts at 10 am doors open at 9:30 am the evening show starts at 3:00 pm doors open at 2:30 pm.

## ALL ATHLETES COMPETE IN BOTH THE PREJUDGING & EVENING

Tickets: day show \$30 night show general admission \$40 night show VIP first 5 rows \$50 cash only the day off. In advanced online [https://www.muscleware.com/tickets/2023-](https://www.muscleware.com/tickets/2023-IDNPL-NAT)

## IDNPL-NAT

IF COMPETING IN INDY'S BEST TRANSFORMATION REPORT BACKSTAGE AT 2:30 PM SHARP

## ADDITIONAL TIPS

Bring a set of bands to pump up with

Bring extra water and food

Listen up back stage, DO NOT WANDER FAR the show will run very smooth and efficient so stay close to the expeditors

Bring a positive attitude, you're going to have a blast, we promise!